

7 Questions to help you S.U.M.O.

1. **Where is this issue on a scale of 1-10 ?**
2. **How important will this be in six months time ?**
3. **Is my response appropriate and effective ?**
4. **How can I influence or improve the situation ?**
5. **What can I learn from this ?**
6. **What will I do differently next time ?**
7. **What can I find that's positive in this situation ?**

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